

FAQs & Ready-Made Social Media Content National Supported Internships Day (NSID) 2024

Frequently Asked Questions

What is a supported internship?

A supported internship is an education programme in a workplace setting designed to help young people with disabilities transition from school to employment. These internships provide opportunities for individuals aged 16 to 24 (up to 25 if they have an Education, Health and Care (EHC) plan) to gain practical work experience in a real workplace setting.

What is internships work?

Internships Work is a project funded by the Department for Education which will enable 4500 young adults, aged 16-25 with additional needs, to benefit from a supported internship per year by 2025.

Do I get paid on a supported internship?

As supported internships are full-time programmes of study, you do not get paid. However, participants may receive financial support or benefits through various channels such as Disability Living Allowance (DLA), Personal Independence Payment (PIP), or Universal Credit, depending on their individual circumstances.

Your supported internship provider will be able to answer questions around funding.

How to find supported internships?

You can find a supported internship by getting in contact with your local council or college to see if there is provision in your local area.

What do you do on a supported internship? What jobs can you get after a supported internship?

Supported Internships are person-centred, and they focus on your personal skills and strengths. Once you have completed your internship the job coaches

and business liaisons will work together to find jobs that you fit your skill profile and interests.

How do I apply for a supported internship?

Each programme is different, so it is best to ask your local provider. However, a supported internship programme application commonly includes an application form and an interview.

What support is in a supported internship?

On a supported internship you get a wide range of personalised support, including a personal development plan. These are based on an individual's strengths, skills, and interests.

- You get support from a job coach who helps with your day-to-day tasks.
- You get support and encouragement from your tutors.
- You also get support and encouragement from those within the business of which you are working.

What are the benefits of a supported internship?

Supported internships are a great opportunity for young people with learning disabilities or autism spectrum conditions to combine work with their education. Benefits of a supported internship include:

- Personalised development programmes
- learning new skills that could be used in future employment
- building confidence and life skills
- Working in a medium to large business setting
- Making friends and developing your social skills
- Support from trained job coaches to help you succeed
- Gaining an accredited and practical qualifications.

Will a supported internship impact benefits?

No, any benefits you receive are not affected during the time of the supported internship placement.

If you progress into paid employment, then your benefits may be affected, but your support network will work with you to make sure you have the benefits you are entitled to.

What will it cost me to offer a supported internship placement?

There is no financial cost to an employer taking on a supported intern. Young people taking part in a supported internship placement are unpaid as it is part of their programme of study at college.

The funding for the Job Coach and any reasonable adjustments required will be managed by the college or local authority directly with the relevant funding bodies.

