

## **OPEN DOOR**

Open Door is an established, independent registered charity that has been providing help and support for children, young people and vulnerable adults since 1979. Providing help to address Mental Health, Anxiety, Motivation and Social Isolation. They work with young people and families to help them realise their aspirations and address any barriers that may be stopping them from succeeding.

They deliver support services which help young people, children and families address a range of personal issues through:

- Interventions – Counselling, Play therapy and anger management. All of our counsellors are qualified and BACP registered for ages 6 years - eve of 18<sup>th</sup> birthday
- Mentoring & Coaching – tailored, goal focussed support for young people for ages 8 – 18 years

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