



Wize-up

Thurrock

WORRIED ABOUT A YOUNG PERSON?

ARE YOU A PARENT OR CARER...

- Concerned that your child knows more than you about drugs and alcohol?
- Unsure how to support your loved one with their substance use?
- In need of advice?

OR ARE YOU A PROFESSIONAL...

- Working with a young person who may be using drugs and alcohol?
- Who wants more information and advice?
- Who wants to make a referral?

WE CAN HELP

We offer a specialist service for young people affected by drugs and alcohol.

CONTACT US

01375 376 111

THURROCK.WIZE-UP@CGL.ORG.UK

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For more information visit
www.changegrowlive.org/young-people

This service
is part of
the charity:



Change, grow, live (CGL) Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number in England and Wales (1079327) and in Scotland (SC039861). Company Registration Number 3861209 (England and Wales).