

INSPIRE YOUTH HUB

“Enabling all to develop skills and aspirations to access future job opportunities”

Our services that support schools to achieve the Eight Gatsby Benchmarks of career guidance



INSPIRE THURROCK CAREERS DELIVERY

To support care experienced young people back into Education Employment and Training; PA's work with young people to break down barriers to EET on a one to one basis and through delivery of targeted programmes.

Currently due to COVID-19 restrictions there is no drop in service, telephone appointments are available and booked appointments for vulnerable and at risk care leaver who cannot be successfully supported remotely.

A monthly Drop in is advertised for care leavers to attend the Inspire Youth Hub to learn about all of the services which are on offer with regards to young people from Inspire, services include:

- **Your Sound** – music studio
- **Youth service**
- **Grangewaters outdoor education centre**
- **Inspire D of E**
- **Inspire Employability**
- **Inspire Next Steps (Functional skills)**
- **TCHC GAP's course**

Opportunities Bulletin

PA sends out an opportunities bulletin every week via email advertising local apprenticeships and job opportunities. The Young Person can sign up to receive this bulletin.

Thurrock Opportunities Website

Your one-stop on-line resource for information about the local labour market, courses and training, jobs and apprenticeships. Also hosts Thurrock's online careers fair and useful information and links on areas to help you in gaining employment such as interview skills <https://www.thurrockopportunities.co.uk/>



“SUPPORTING SCHOOLS TO ACHIEVE THE EIGHT GATSBY BENCHMARKS OF GOOD CAREER GUIDANCE”

INSPIRE YOUTH HUB | 24-28 ORSETT ROAD, GRAYS, RM17 5EB | 01375 413735

Inspire employability group

The programme is being piloted to increase the employability of Looked After Children and Care Leavers supported by Thurrock Council and main stream NEET young People.

Some Looked After Children and Care Leavers and main stream NEET who are leaving education - either school, college or university - lack any meaningful experiences within the working world. The programme aims to address this by providing work experience within sectors where the young people would like to gain future employment and provides opportunities for young people to experience different areas and sectors of employment before they commit to studying towards a certain career path. Young People are referred via Inspire Personal Advisers, Social Care team, and/or the After Care Team.

Staffing

The employability project is delivered by two Personal Advisers, alongside the employability and skills team.

Personal advisors will work with the young people in undertaking group and one-to-one work to ensure that a programme of employability sessions is completed as well as supporting the young person within the work placement.

The employability and skills team will search for an appropriate work placement for the young people from their network of employers and ensure that the placement is a safe working environment for young people.

Delivery

4 sessions of employability work are completed with young people across a two week period, totalling around 16 hours. Topics covered comprise:

- What is work experience – what to expect on their placement
- Hopes and dreams – thinking about what they want for work placement and future working life
- Benefits of work experience
- Fears of work experience
- Interviews
- First impressions and appearances
- Body language
- Researching an employer
- Appropriate social media use
- Rules and boundaries
- Dealing with conflict
- How to say no
- Workplace bullying
- Asking for help
- Reflecting



OPPORTUNITY THURROCK

An inclusive, borough-wide Careers and Further Education event brought to you by Thurrock's INSPIRE Team. This event is promoted to Thurrock's Secondary Schools to increase their knowledge about local college provisions, universities, employers, and apprenticeship providers.

- Takes place on the first Wednesday in October at the iconic London Cruise Terminal in Tilbury.
- Young people are encouraged to attend the event to increase their aspirations and look at future plans post 16 years and beyond.
- The event provides advice on Employment Pathways, Qualifications and Apprenticeships
- The largest career and further education event in Essex, attracting over 100 exhibitors including top employers, colleges, universities, training providers, and career advisers.

For further information, or to book your place, contact the Inspire Team at inspire@thurrock.gov.uk or 01375 413646.

FOREST SCHOOL

“Educating and inspiring young people in the natural environment”.

The Forest School is an outdoor learning delivery model that offers children and young people opportunities to develop emotional intelligence, self-esteem, practical skills, and team working skills through hands-on learning in a woodland environment.

- Bespoke programmes for all ages
- Learning by “doing”
- Improves the individual's personal responsibility, self-awareness, risk calculation skills, and self-confidence
- Inspires a desire for learning
- Encourages children to be more active
- Develops communication skills and more.

Contact us to find out more, email inspire@thurrock.gov.uk or telephone 01375 413646.

Coastal School Programme available for Summer Term 2020.

THURROCK'S NEXT TOP BOSS

Our annual enterprise competition for young people aged 14 to 25 in education.

Thurrock's Next Top Boss gives young people the chance to work with employers on real business challenges. They learn about a range of career opportunities and the skills employers really want, as well as getting real-life experiences that aren't in any text book.

For further information contact the Inspire Team at inspire@thurrock.gov.uk



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WORK EXPERIENCE SERVICE

Whether it's a shorter or an extended work placement, work experience is always viewed favourably by employers and can help students to decide their future career. Our work experience service enables students to have work placements that have been Health & Safety Checked by qualified assessors.

- Health & Safety Checks will be carried out on all placements by qualified staff prior to the start of the placement.
- The service provides personalised job descriptions and tools for students to make the most of the experience.
- A diverse range of workplaces are assured.

For further information please contact the Inspire Team at inspire@thurrock.gov.uk

ENTERPRISE ADVISOR NETWORK THURROCK



A national programme designed to improve young people's readiness for the world of work, with business leaders supporting secondary schools to develop and implement an enterprise strategy to benefit students aged 11 to 18.

The network also offers a mentoring programme that provides both group and one-to-one support to small groups of Year 10 students.

THURROCK COUNCIL APPRENTICESHIPS



Apprenticeships are open to anyone aged 16 or over living in England and not taking part in full-time education. Whether you're just leaving school or college, or just want to try something new, an apprenticeship could be for you.

Thurrock Council offer apprenticeships in a wide range of roles. Apprenticeship opportunities are advertised on our council job vacancies page. **For further information visit www.thurrock.gov.uk**

APPRENTICESHIP SUPPORT & KNOWLEDGE FOR SCHOOLS AND COLLEGES



The ASK programme offers a wide range of face-to-face and virtual support for your students and staff, fully funded by the National Apprenticeship Service, part of the Department for Education.

- Virtual and Face to face apprenticeship information sessions delivered by the Inspire Team, designed to inform and inspire your students, staff and parents about apprenticeships and other vocational pathways including Traineeships and T Levels.
- Free access to online resources designed to complement and support your careers programme and the activities that you engage with through the face to face/online virtual offer.

For further information or to book a free face-to-face or virtual apprenticeship support for your school or college, please contact inspire@thurrock.gov.uk.

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THURROCK ON-TRACK2

Aims to decrease the number of NEET young people in Thurrock by providing practical support and funding for young people aged between 15 and 24.

The project, which was initially funded by the European Social Fund, closed in January 2020, but the second funding was a success and we are rolling out On Track2 from January 2021.

Delivery

Each young person who is NEET is signed up to the project and supported to get back into EET within an area of study or employment in which they show an interest. Young people are given one-to-one meetings with a personal advisor who will look at options for the individual, providing them information and guiding them to the courses, apprenticeships, or jobs they are looking for.

Course are provided for clients by Inspire Thurrock Careers using the funding. Courses include:

- CSCS
- First Aid
- Food Hygiene
- Health and safety

To sign up for On-Track2 visit: <https://bit.ly/3sZXScU>

TILBURY CLLD PROJECT

The Inspiring Tilbury Project



The Inspiring Tilbury project is a thirty-month project to support residents of the Tilbury St Chads, Tilbury Riverside & Thurrock Park wards into sustained employment, training or education, delivered by Inspire Thurrock Careers.

The services available to the residents will include information and advice such as: regularly reviewed action plans, psychometric testing, mentoring, employability training, current and relevant local market information, job search training, job application training, and youth engagement projects.

During the current COVID-19 lockdown, all support will be available only by telephone.

Please contact by email ThurrockCareers@thurrock.gov.uk or leave a voicemail on 01375 413735 requesting a call back from a member of the Inspiring Tilbury team.



BARNARDO'S AMAZON ACADEMY

The Barnardo's Amazon Academy is an exciting new initiative launching in Tilbury, supporting unemployed young people to overcome challenges and achieve their dreams and ambitions.

Delivered by Barnardo's in partnership with Amazon, the programme consists of a 12 week course for cohorts of 15 young people, and will include:

- One to one coaching and mentoring
- Goal setting and aspirations
- Employability Support
- Employment Opportunities at Amazon

Start Dates: March, July & November 2021

Location: Thames Enterprise Centre, East Tilbury, Essex, RM18 8RH



DUKE OF EDINBURGH AWARDS SCHEME

The D of E (Duke of Edinburgh) award is used as tool to engage young people who are both NEET and EET and to increase:

- Resilience
- Commitment
- Self-motivation
- Self-esteem
- Confidence
- Independence
- Responsibility
- Team-work
- Leadership
- Valuable life experiences.

Under the D of E framework, young people were given the opportunity to gain various kinds of skills and experience. Examples include volunteering at a work placement, which can be used as evidence on the individual's CV of their relevant skills and experience, whether their goal be to secure a job or support a university application. The programme is accessible to participants regardless of background and ability, and encourages differently abled young people to work together effectively. The soft outcomes achieved by young people within this programme are valuable to their growth and development.

D of E as a programme is widely recognised as a world leading personal development programme. At Bronze Level the award has four sections:

- Skills
- Physical
- Volunteering
- Expedition

The Skills, Physical and Volunteering Sections each require a minimum commitment of 1 hour per week over at least 3 months (and 6 months for one of the sections). The Expedition lasts 2 days (1 night under canvas) and the group must be totally self-sufficient in terms of food, clothing, and equipment.

Care experienced young people often miss out on the chance to benefit from undertaking D of E in school due, for example, to moving placement or being in an alternative provision. Inspire D of E provides them with an opportunity to make good on this.

INSPIRE NEXT STEPS (FUNCTIONAL SKILLS)

Functional skills tuition for Maths and English is delivered to any Young Person in Thurrock aged 16 to 18 - or 16 to 25 if they have SEND - at the Inspire Youth Hub. This provides the opportunity for young people who have not gained GCSE at Grade C/4 to improve their attainment and skills.

Young people can access the service regardless of their NEET or EET status. The service can be useful to those who need to work on their Maths and English skills to gain the qualifications appropriate and necessary for their chosen college or university course. It may also be useful to those looking for or studying towards an apprenticeship.

The facility is also used as a stepping stone to increase a young person's exposure to education. Those that may have been out of education for a period of time, or have low self-confidence regarding their progression into further or higher education due to their experience within mainstream school are welcome.

Delivery

Functional skills is delivered from the Inspire Youth Hub from Monday through to Friday 09:00 to 17:00. Young people are offered appointments to meet with Tracey Howells, the functional skills tutor, to attend one to two days a week for a few hours each week. Tuition can take place one-to-one or in small groups of up to three students.

Online assessments are completed for each student using the BKSB system. This provides the tutor with an overview of the learner's current attainment level. Following the initial assessment, an online diagnostic is completed, highlighting which areas the learner is required to improve on before they are able to progress to the next level. Work is then tailored to the client in order to meet their individual needs.

Homework is set, enabling learning to take place outside of the time when the client is meeting with their tutor.

Remote working is also possible - with the tutor maintaining telephone and e-mail contact with learners and sending them work which is then returned to the tutor, marked, and returned to the learner once they have completed it.

Exams are organised for learners when they are ready; either at the Adult Community College in Grays or with TCHC GAP's programme at the Inspire Youth Hub.



THURROCK PRINCE'S TRUST TEAM PROGRAMME

This is a personal development programme for groups of 16 to 25 year olds who work together on a 12 week programme to develop their personal and work skills.

Activities include:

- A team building residential trip
- Work experience
- Basic skills involved in fundraising and involvement in a community project.

Delivery

The programme takes place at Thurrock Adult Community College and is split in to 12 weeks which covers the following areas:

Week 1: Team Induction - meet the team, get to know each other, and start planning for the weeks ahead. Set goals and objectives and plan your journey.

Week 2: Team Building Residential – young people work on their resilience, team building and social skills, and have fun completing activities like canoeing, climbing, raft-building, and much more.

Weeks 3 & 4: Planning for the community project – young people find a project that helps their local community. They then make key decisions, for example: they consider how much the materials for the project will cost and organise fundraising events to pay for those materials.

Week 5 & 6: Working on the Community Project

Weeks 7-8: Work Placements – young people are provided with a two-week work placement in a career or company they are interested in. This is their opportunity to put into practice the skills they have built so far within a working environment.

Week 9: Next Steps - this section looks at job search techniques, career paths, their CV's, interview skills, and how to apply for college and work.

Week 10 & 11: The Final Team Challenge – young people take on a second challenge to help others in the community, once again using all of the skills they have developed.

Week 12: The Final Presentation - in the final week, the team will host their own celebration event. Delivering a presentation about their experiences and the journey taken, they will look at the skills and knowledge gained over their time on the course.

Young people can leave the 12 week with the following qualifications:

- A Prince's Trust Employability Team Work and Communication Skills qualification at Level 1 or Level 2
- Level 2 award in Food Safety in Catering
- Level 2 award in Health and Safety in the workplace
- Emergency First Aid at work
- NVQ Painting and Decorating (for some teams)

Thurrock's Prince's Trust team has been rated as outstanding for the last 5 years by the Prince's Trust, having ensured that 85% of participants enter into employment within 3 months of completing the programme. 100% of young people completing the programme have left with a qualification.

For further information, please contact fflynn@thurrock.gov.uk



PROVISION FOR OUR SEND THURROCK RESIDENTS

THE ADULT COMMUNITY COLLEGE (TACC)

Working in partnership with Inspire, the college delivers many part-time courses from English and Maths at Entry Levels through to GCSE, ESOL (English for Speakers of other Languages), to Book-Keeping or Counselling. Many are free or are at a reduced fee if you are on qualifying benefits.

Website: <https://www.tacc.ac.uk/> **Telephone:** 01375 372476

E-mail: info@tacc.ac.uk

TACC SEND OFFERS

<https://vimeo.com/477177503>

Managing Transitions into Adulthood (MTA):

***All students MUST have an EHCP in place before enrolment*

Based at Thurrock Adult Community College, students work towards a certificate in Progression. The programme is run across the week with six sessions being delivered from Thurrock Adult Community College, one activity session at Grangewaters Outdoor Education Centre, and two sessions with Thurrock Lifestyle Solutions (TLS). To prepare students for work, they will be given the opportunity to take part in work placements as well as building upon their functional Maths, English and Digital skills according to their individual levels (E1 – L2).

THE ADULT COMMUNITY TIL COURSE

<https://vimeo.com/476351152>

Transitions into Independent Living (TIL):

***All students MUST have an EHCP in place before enrolment*

Based at Thurrock Adult Community College, students work towards a certificate in Personal and Social Skills. The programme is run across the week with six sessions being delivered from Thurrock Adult Community College, one activity session at Grangewaters Outdoor Education Centre, and two sessions with Thurrock Lifestyle Solutions (TLS). To prepare students for work, they will be given the opportunity to take part in work placements as well as building upon their functional Maths, English and Digital skills according to their individual levels (E1 – L2).

THURROCK COUNCIL INSPIRE YOUTH TEAM

Referral is via inspireyouthteam@thurrock.gov.uk

INSPIRE – CONNECT 1-2-1

Comprised of weekly one-to-one meetings lasting between 45 minutes - 1 hour, delivered in school, community, or at Brennan Road community space. The objective is to provide a listening ear to the young person, giving them the opportunity and space to discuss their concerns and anxieties whilst empowering them to build the confidence to make informed decisions. There is normally an initial meeting with the potential mentee and their family to explain the purpose, process, and benefits of the mentoring programme. This initial meeting is also to determine if the young person is receptive to mentoring.

INSPIRE – THE CREW PROJECT

This is for likeminded young people to discuss and share similar issues. It consists of a six week programme with each session lasting for approximately 90 minutes. The aims and objectives of the project are as follows:

- To support and equip young people to explore strategies and practical tools to build resilience against negative peer pressure and grooming.
- To equip young people with the appropriate information and knowledge to assist them to make positive life choices.
- To de-glamorise and debunk myths about gang culture, knife crime, and county lines, whilst exposing the reality of the negative consequences that are associated with the lifestyle.
- Encouraging young people to participate in fun, interactive, and positive activities to help support their mental health and wellbeing.

INSPIRE – THE GIRLS GROUP

This is a twelve week programme that aims to empower young girls to make informed decisions through discussions and positive activities. Aims and objectives include:

- Inspiring confidence to build self-esteem
- Improving knowledge about sexual health, mental health, and substance misuse
- Encouraging a responsible attitude to keeping safe
- Getting a better understanding of healthy relationship
- To develop interpersonal and team working skills
- To have fun and engage in positive activities that will better support their mental health and well-being.

INSPIRE – CREATIVE ARTS CLUB

This aims to encourage young people to explore and develop their creative and artistic skills through various artistic mediums, including: arts and crafts, film making, lyric writing, music composition, and canvas painting.